



Volunteer Organizations

- ▶ Invite expert presenters to your organization or faith community to educate your members about healthy lifestyles, warning signs and benefits of early detection.
- ▶ Encourage caregivers in your group or congregation to take care of themselves by exercising, resting and accepting help from others.
- ▶ Educate members of the volunteer group or congregation about Alzheimer's disease to build compassion for those who have it.
- ▶ Develop a support group for members of your volunteer group or congregation who are caregivers.
- ▶ Foster an atmosphere of joy, trust and comfort to enable members who may be living with Alzheimer's and their families to continue to participate in your volunteer group or faith community.
- ▶ Encourage participation in activities and services that are appropriate for the person's abilities.
- ▶ Provide a quiet area where the member who is a caregiver can take the person with Alzheimer's during the service or activity.
- ▶ In your newsletters, include articles on Alzheimer's information, resources, and where to go to seek help.