



INTRODUCTION

The Arizona Alzheimer's Task Force utilized many members to identify stakeholder groups, and then developed Calls to Action related to each of those groups.

General Calls to Action for Everyone

- ▶ Utilize media to promote interactions, publications, presentations, along with on-line blogs and journals for people living with Alzheimer's disease and their caregivers.
- ▶ Share your research through publication, presentations, and posting to websites, list serves, and journals.
- ▶ Be a willing listener.
- ▶ Engage in an active, healthy lifestyle
- ▶ Link Alzheimer's and dementia related resources on personal, volunteer organizations, and government web pages for access.
- ▶ Volunteer for a recognized expert organization that provides services for people with Alzheimer's and or their families.
- ▶ Actively participate in existing dementia awareness trainings in your local area.
- ▶ Actively participate in research programs in your local areas.
- ▶ Include brain tissue donation as part of your Advance Directive.
- ▶ Participate in dementia-related trainings and support others interested in attending training.